

FREE

Resident Training Programme 2021-22

Learn to do more - Want to learn new skills? Build your confidence? Find out more about living in your home? Then you may be interested in attending one of our training courses.



"I feel very inspired, confident and motivated to implement what I've learnt in this training in my personal and professional life."
Miss L, Resident



SEE REVERSE FOR COURSES



Resident Training Programme 2021-22

FREE

COURSE	DATE	TIME
● Safeguarding	Saturday 4 December 2021	10am-4pm
● Chairing and Committee Skills	Friday 10 December 2021	10am-4pm
● First Aid Session 1 (Accredited)	Wednesday 15 December 2021	10am-5pm
● Level 2 Food Safety (Accredited)	Saturday 8 January 2022	9.30am-5pm
● Community Gardening (Day 1)	Wednesday 5 January 2022	11am-3pm
● Landlords' roles and responsibilities (Tenants)	Wednesday 12 January 2022	10:30am-3:30pm
● Community Engagement (including grant funding) Session 1	Saturday 15 January 2022	10am-4pm
● Getting into Volunteering (Online session)	Wednesday 19 January 2022	11am-1pm
● Leadership Training	Saturday 22 January 2022	10am-4pm
● Landlords' roles and responsibilities (Leaseholders)	Thursday 27 January 2022	10:30am-3:30pm
● Organising and Running an Event	Saturday 29 January 2022	10am-4pm
● Community Gardening (Day 2)	Wednesday 2 February 2022	11am-3pm
● Community Engagement (including grant funding) Session 2	Saturday 5 February 2022	10am-4pm
● DIY Workshops (Mixed)	Monday 7 February 2022	10am-4pm
● Mental Health First Aid Training (Accredited)	Saturday 12 February 2022	10am-5.30pm
● Managing Community Buildings (Day 1)	Tuesday 22 February 2022	9am-4.30pm
● Managing Community Buildings (Day 2)	Wednesday 23 February 2022	9am-4.30pm
● Project Management (Day 1)	Saturday 26 February 2022	10am-4pm
● Data Privacy	Wednesday 2 March 2022	10am-4pm
● Project Management (Day 2)	Saturday 5 March 2022	10am-4pm
● DIY Workshops (Women only)	Monday 7 March 2022	10am-4pm
● Managing Stress & Building Resilience	Wednesday 16 March 2022	10am-4pm
● Community Engagement (including grant funding) Session 3	Saturday 19 March 2022	10am-4pm
● First Aid Session 2 (Accredited)	Saturday 26 March 2022	10am-5pm
● Personal Leaderships and Effectiveness (Day 1)	Saturday 21 May 2022	10am-4pm
● Personal Leaderships and Effectiveness (Day 2)	Saturday 28 May 2022	10am-4pm

COURSE CATEGORIES:

● Personal Development ● Living in Your Home ● Health & Safety ● Improving Your Community

All training courses will be held at local venues unless stated otherwise – this may change subject to government guidelines. Others may be hosted online via zoom – you will be required to have Zoom installed on your device.

Lunch and refreshments will be provided for face to face training programmes.

To support you in attending a training course we can arrange transport for residents with mobility issues.

Please contact us in advance to confirm.

To apply now scan the QR code or visit:

www.eventbrite.co.uk/o/tower-hamlets-homes-31615231241

For more information contact: ☎ 020 7364 7184

✉ community.partnerships@thh.org.uk 🌐 www.thh.org.uk

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APPLY NOW

