

FREE

Resident Training Programme 2019-20

Learn to do more

Want to learn new skills?
Build your confidence?
Find out more about living in your home? Then you may be interested in attending one of our training courses.

Our Resident Training Programme covers a wide range of topics to suit different needs – from improving your community to learning more about living in your home and food growing to health and safety.

We also run courses for residents who are members of residents' associations to help them with chairing meetings and organising community events.

Accredited training means you will receive a nationally recognised qualification.

All courses are free to residents of THH, EastendHomes, Gateway, Metropolitan, Poplar HARCA, Providence Row, Southern Housing Group, Spitalfields, Swan and THCH.



COURSE	DATE	TIME
● Level 2 Food Safety & Hygiene (Accredited)	Saturday 5 October 2019	10am-4pm
● Public Speaking & Presentation Skills	Saturday 12 October 2019	10am-4pm
● Building and Managing Teams	Saturday 2 November 2019	10am-4pm
● Cooking Healthy on a Budget	Saturday 9 November 2019	10am-4pm
● Personal Leadership and Effectiveness – Day 1 of 2	Saturday 16 November 2019	10am-4pm
● Personal Leadership and Effectiveness – Day 2 of 2	Saturday 23 November 2019	10am-4pm
● Paediatric First Aid Training - Day 1 (Accredited)	Saturday 7 December 2019	10am-4.30pm
● Paediatric First Aid Training - Day 2 (Accredited)	Saturday 14 December 2019	10am-4.30pm
● Emergency First Aid Training (Accredited)	Saturday 11 January 2020	10am-4.30pm
● Safeguarding	Saturday 18 January 2020	10am-4pm
● DIY Repairs in Your Home (Women Only)	Wednesday 22 January 2020	10am-4pm
● Bid Writing and Grant Funding	Saturday 25 January 2020	10am-4pm
● Paediatric First Aid Training - Day 1 (Accredited)	Saturday 1 February 2020	10am-4.30pm
● Paediatric First Aid Training - Day 2 (Accredited)	Saturday 8 February 2020	10am-4.30pm
● Project Management - Day 1 of 2	Saturday 22 February 2020	10am-4pm
● Project Management - Day 2 of 2	Saturday 29 February 2020	10am-4pm
● Level 2 Food Safety & Hygiene (Accredited)	Saturday 7 March 2020	10am-4.30pm
● Resident Involvement Training - Committee skills	Saturday 14 March 2020	10am-4pm
● DIY Repairs in Your Home (mix group)	Wednesday 11 March 2020	10am-4pm
● Cooking Healthy on a Budget	Wednesday 18 March 2020	10am-4pm
● Organising and Running an Event	Saturday 21 March 2020	10am-4pm
● Digital Training	Wednesday 25 March 2020	10am-4pm
● Emergency First Aid Training (Accredited)	Saturday 28 March 2020	10am-4pm

COURSE CATEGORIES:

- Personal Development
- Living in Your Home
- Health & Safety
- Improving Your Community

Lunch and refreshments will be provided. To support you in attending a training course we can arrange transport for residents with mobility issues. Please contact us in advance to confirm.



Courses will be held at local venues in Tower Hamlets.
♿ All venues are accessible for wheelchair users.

APPLY NOW

To apply now scan the QR code or visit:
www.eventbrite.co.uk/o/tower-hamlets-homes-17926371313

For more information contact: ☎ 020 7392 5407

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