

FREE

Resident Training Programme 2017-18



Learn to do more

Want to learn new skills? Build your confidence? Find out more about living in your home? Then you may be interested in attending one of our training courses.

Our Resident Training Programme covers a wide range of topics to suit different needs – from improving your community to learning more about living in your home and food growing to health and safety.

We also run courses for residents who are members of resident associations to help them with chairing meetings and organising community events.

Accredited training means you will receive a nationally recognised qualification.

All courses are free to residents of THH, EastendHomes, Gateway, Metropolitan, Newlon, One Housing, Poplar HARCA, Providence Row, Spitalfields, Swan and THCH.

"I feel very inspired, confident and motivated to implement what I've learnt in this training in my personal and professional life."
Miss L., Resident

COURSE	DATE	TIME
● Effective Writing Skills	Saturday 18 November 2017	10am-4pm
● How to manage Condensation, Dampness and Decay	Saturday 25 November 2017	10am-4pm
● CV Writing & Job Search Skills	Wednesday 29 November 2017	10am-4pm
● Personal Leadership and Effectiveness - Day 1 of 2	Saturday 2 December 2017	10am-4pm
● Email & Shopping Online Safely	Wednesday 6 December 2017	10am-4pm
● Personal Leadership and Effectiveness - Day 2 of 2	Saturday 9 December 2017	10am-4pm
● Afternoon Tea Bake Off	Saturday 16 December 2017	10am-4pm
● DIY Repairs in Your Home	Wednesday 10 January 2018	10am-4pm
● Level 2 Food Safety & Hygiene (Accredited)	Saturday 13 January 2018	10am-4pm
● Project Management - Day 1 of 2	Saturday 27 January 2018	10am-4pm
● Project Management - Day 2 of 2	Saturday 3 February 2018	10am-4pm
● Public Speaking & Presentation Skills	Saturday 24 February 2018	10am-4pm
● Paediatric First Aid Training - Day 1 (Accredited)	Saturday 3 March 2018	10am-5pm
● Paediatric First Aid Training - Day 2 (Accredited)	Saturday 10 March 2018	10am-5pm
● Microsoft Excel	Wednesday 14 March 2018	10am-4pm
● Introduction to Book Keeping	Saturday 17 March 2018	10am-4pm
● Organising and Running an Event	Saturday 24 March 2018	10am-4pm
● Secretarial and Treasurer Skills	Saturday 14 April 2018	10am-4pm
● Fire Marshal Training	Wednesday 18 April 2018	10am-1pm
● Scrutiny - Day 1 of 2 *For Scrutiny Resident Panel Members Only	Saturday 21 April 2018	10am-4pm
● Food Growing and Managing a Food Garden	Wednesday 25 April 2018	10am-4pm
● Scrutiny - Day 2 of 2 *For Scrutiny Resident Panel Members Only	Saturday 28 April 2018	10am-4pm
● Emergency First Aid Training (Accredited)	Wednesday 2 May 2018	10am-5pm
● Becoming a Leaseholder	Wednesday 9 May 2018	10am-4pm
● Chairing Meetings	Saturday 12 May 2018	10am-4pm

COURSE CATEGORIES:

- Personal Development
- Living in Your Home
- Health & Safety
- Improving Your Community

Lunch and refreshments will be provided. To support you in attending a training course we can arrange transport for residents with mobility issues. Please contact us in advance to confirm.



Courses will be held at local venues in Tower Hamlets. All venues are accessible for wheelchair users.

To apply now visit: www.surveymonkey.co.uk/r/F9MZB8C or scan the QR code. For more information contact:

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APPLY NOW

